



Art, Prizes, and **FUN!** Announcing the 2017 “My Feelings Matter” Youth Poster Contest!

What: Each year the Children’s Mental Health Matters Coalition, a group of parents and professionals dedicated to promoting children’s mental health, teams up with community partners throughout Wisconsin to host a youth poster contest to commemorate National Children’s Mental Health Awareness Week in May. Encouraging youth to express emotions through art supports healthy social emotional development and generates age-appropriate discussions about children’s mental health year-round.

When: Contest submissions will be accepted through **March 27, 2017**. Prizes will be awarded to winners in each age category and winners will be invited to a celebration and showing of their work at the Overture Center Rotunda Stage on May 4th in Madison. **Visit our blog for complete submission information:**

wisconsinknowschildrensmentalhealthmatters.wordpress.com/

Who: Age groups eligible to participate:

- Preschool
- K-2nd Grade
- 3rd-5th Grade
- 6th-8th Grade
- High School

*More interested in video than art? Check out this alternative opportunity from USA Today to explore mental health through video: usatwi.sc/wibreakstigma